

THE TRUTH 3. In **C**hristianity the Truth is the doctrine of the Trinity: God is one but there are three co-eternal hypostases: the Father, the Son (Jesus Christ) and the Holy Spirit. The Truth in **J**udaism is the revealed word of God, as found in the Hebrew Bible. The Truth in **I**slam and **S**ikhism is interpreted as right and reality. Al-Haqq, 'the truth', is one of the names of God in the Qur'an, i.e. the Ultimate Reality. The Truth in **H**induism is one of the attributes of dharma; in the Upanishads truth is the One Reality. However, the truth in **J**ainism is "not-one-sidedness": one claim or another or both may be true.

see also JAINISM

THE TRUTH 4. In Buddhism Dharma denotes the Three Universal Truths: 1) everything is impermanent and changing, 2) impermanence leads to suffering, 3) only the non-self (anatman) is unchanging. **F**ollowing this are the Four Noble Truths: 1) all life involves suffering, 2) suffering is caused by desire & attachment, 3) the cessation of desire & attachment comes to pass in Nirvana, 4) Nirvana is attained by following: **T**he Noble Eightfold Path: 1) right seeing and understanding, 2) right thought or intention, 3) right speech, 4) right action, 5) right work or livelihood, 6) right effort, 7) right mindfulness, 8) right concentration.

see also BUDDHISM, DHARMA and go to the appendix for an edited version of my blog 482 on the truth

THE PATH. The Path is the initiation into the right way of living, the (true) religious living, the proper conduct, living the higher Truth. **T**his essay has at its core the text attributed to Jiddu Krishnamurti, 'At the feet of the Master', written when he was fourteen years old. **T**he principles of The Path are at the base of most, if not all, religions, before they were corrupted by dogmas, scriptures and hierarchies. **T**hey compel the seeker of knowledge to live honorably and truthfully, with bearing in their heart love and compassion for all of humankind. **T**he Path, once widely practiced, will bring a new Age of Enlightenment.

*go to the appendix for a transcript of The Path,
as well as to my blog 935 with a link to
the full text of the original book*